



CU@C-Kajakking

### **RENTAL Safety Instructions**

The following instruction applies to renting kayaks at C-Kajakking, Åhaven 5, Aa, 5631 Ebberup.

Before using the rented equipment, it is important that you read this instruction: So you are informed about the terms and your own co-responsibility. You must therefore always read the following before you can use our equipment. You must pay special attention to the fact that all sailing is at your own risk - therefore it is also important to be be aware that it is your accident insurance that must cover if you unexpectedly need insurance.

### **REQUIREMENTS FOR SAILORS / RENTALS:** All kayak users must

- Be over 18 years old. If two users use the same kayak, at least one must be over 18 years old
- Be able to swim 300 meters
- Wear life jackets at all times while in the water check that the vest is the right size and works before you go into the water
- Have an overview of the weather and wind direction during the rented period.
- And you must not be under the influence of alcohol or narcotics during the rental period

## Check local Weather Forecasts & Water Forecasts here:

WEPROG WebAPP: <u>http://weather.weprog.com</u> FCOO (Danish defence Center for operative oceanography): <u>https://sejladsudsigt.dk</u> *FCOO Local Link: Aakrog bay and Helnæs bay* 

**AREA**: Area of activity is Aakrig Bay and Helnæs Bay. You can sail a maximum of 200 meters away / from the coast.

## **DESCRIPTION OF SAILING:**

It is not permitted to sail in strong offshore winds (over 6m/second). It is the user's responsibility to keep an eye on the weather and wind conditions on the water.

Always keep an eye on other sailors in boats, kayaks, surfboards and others who are staying on the water. It is your duty to keep a good distance, at least 5 meters to others. When capsizing, always make sure to get an overview of where you and possibly other sailors are and turn towards the shore before moving up on the kayak again.

**TIME**: Unless otherwise clearly agreed in writing, it is only permitted to use rented kayaks from sunrise to sunset. Remember to get out of the water well in advance so that you can hand in the equipment before it gets dark and you can comply with the agreed delivery time. If you do not return to the agreed delivery time, you are responsible for the rented equipment until a new delivery time is agreed, and possibly pay extra rent for the equipment per set / part.

ALL SAILING HAPPENS AT YOUR OWN RISK: You must pay special attention to the fact that all sailing is done at your own risk, and it will therefore always be your own accident insurance that must cover, no matter what happens. This applies both when renting or if something happens to you during an event arranged by Aa Strand Kajakking.





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Is our equipment used for instruction or activities by other parties e.g. schools or associations that themselves provide teachers or instructors in such a way that it has the character of its own activity, the responsibility lies 100% with them, and they must prepare a safety instruction appropriate to the activity. When renting, state the name of the responsible person and the organization. Aa Strand Kajakking can never be held responsible for the actions of another party.

**RISK**: Following our safety instructions, we feel pressured by sending you on the water. However, it is our duty to inform that water sports may eventually end up drowning or severe damage after cooling in cold water. Therefore, we ask you to have respect and be humble towards the elements.

**PERSONAL INJURIES**: In connection with kayaking, ordinary sports injuries can occur in the form of overloads due to many repetitions, incorrect sitting position, sudden movements, etc. You should also pay special attention to lifting the equipment correctly so that it does not cause sudden damage in e.g. the back. We recommend that you use our kayak carts to transport kayaks back and forth to the beach, if they are not delivered to the beach by us or you have rented an entire trailer.

**DAMAGE TO EQUIPMENT:** We use wear and tear and scratches as normal wear and tear if the equipment bears the mark of gross misuse, or the equipment is broken, has holes, repairs are at the user's expense or possibly. covered by your own insurance. Lost equipment must be replaced.

**EMERGENCY AID** / **RESCUE**: If you have an accident, you must call for help in the usual way by calling 112 and stating where you started from (Aa Krog Bay, Helnæs Bay, Thorø Bay or the place you chose to enter the water), and in which direction you are sailing and explain where you are staying now. It will always be good if the kayak and equipment are salvaged, but your life is the most important thing.

If you have landed without your equipment, you must always contact the police on 114, so that a large search is not started for no reason.

Aa Strand Kayaking as a rental agent on +45 2720 3763 or +45 4692 2907 On-call doctor +45 7011 0707 Emergency Help: 112

With **Denmark's official 112 app**, you can start a call to the alarm center and at the same time send the mobile's GPS coordinates away. That way, you can get help faster. (Download the 112 app is free.)